

**THIS SERVICE IS
CONFIDENTIAL AND
FREE OF CHARGE TO
ANYONE AFFECTED
BY CANCER**

**If you would like more
information on any of our
services, please contact
Bradford Cancer Support. We
will be pleased to help**

**We are situated opposite
Gate 6 Entrance to
Bradford Royal Infirmary**

**Bradford Cancer
Support Is a
Registered Charity**

Registered Charity Number 519429

Other Centre Services

- Information
- Counselling
- Welfare Benefits and Legal Advice
- Transport
- Complementary Therapies
- Tai Chi
- Cancer Services User forum
- Self-help and support groups
- IT Skills Class
- Art and Craft Classes
- Umeed – Asian Women's Support Group
- Bereavement Support
- Focus group for younger people
- Hat Tricks – Headwear for hairloss due to cancer treatments
- Cookery
- Creative Expressions (expressing yourself through the arts)

**Daisy House Farm
44 Smith Lane, Bradford BD9
6DA**

Tel: 01274 776688

Fax: 01274 776555



A Guide to Our Counselling Service

Bradford Cancer Support
Centre provides services and
support for people with cancer
and their relatives

WHAT IS COUNSELLING?

Counselling offers you an opportunity to speak in confidence to someone about matters that may be worrying or distressing. Often painful feelings can be relieved by telling someone else and knowing that you have been heard and understood. It provides an opportunity to look at your concerns and consider different options open to you. It can help you manage change in your life.

WHO IS COUNSELLING FOR?

We are able to see people who are affected by cancer in any way. These include patients, relatives, carers,

and people who have been bereaved. We will be respectful and sensitive towards ethnic cultural, religious and individual differences.

CLIENTS COME WITH PROBLEMS SUCH AS:

- Personal crisis after diagnosis
- Difficulty recognising themselves after a diagnosis of cancer
- Relationship difficulties
- Anxiety
- Panic Attacks
- Depression
- Bereavement & loss issues either recent or some time ago
- Lack of confidence

THE COUNSELLING SERVICE

Counselling at the Bradford Cancer Support centre is a confidential service provided by a team of professional counsellors who have had specialist training and experience in working with people affected by cancer. The organisation is registered with the British Association of Counsellors and Psychotherapists. Counsellor's work within the Ethical Framework for Good Practice on Counselling, and Psychotherapy.